

## Smartlipo Laser Liposculpture

In February 2007, the FDA approved the Smartlipo laser which revolutionized the art of body sculpting. The Smartlipo laser utilizes fiber optic technology to melt away fat permanently and tighten the overlying skin. Dr. Robert Benson was among the very first cosmetic surgeons in the US to perform Smartlipo laser liposculpture, and his decades-long experience as one of the first doctors to do traditional lipo in the 1980's places him in very select company.

The procedure begins with the installation of local anesthesia, which is done quickly and with minimal discomfort. After a tiny tube enclosing the Nd:YAG laser is inserted, the laser's energy gently melts fat cells on contact such as a hot knife melts butter. Because the overlying skin is also heated, it is much more likely to contract and tighten. Thus, the results from Smartlipo are more pleasing and refined than what can be achieved by traditional liposuction. Since fat cells cannot regenerate, this fatty tissue is permanently destroyed. Smartlipo laser liposculpture is not for weight loss, but rather for those areas of fat deposition such as love handles, pooches, saddlebags, etc., which are resistant to diet and exercise.

## Before and After



1 Week After Procedure



2 Weeks After Procedure



11 Weeks After Procedure

Actual Patients of Dr. Benson

Another common problem corrected with Smartlipo is overly active underarm sweat glands. After excessive sweat glands are removed by the laser wand, sweat production is often permanently diminished by up to 90%. Some of our most appreciative patients are those who have regained confidence through this laser lipo technique. Other procedures which are successfully performed by utilizing this new technology include breast reduction (for those unwilling or unable to undergo the standard surgical procedures) and removal of large fatty tumors called lipomas.

Aftercare with laser lipo is minimal compared to traditional liposuction. Only mild soreness is experienced the first few days as if one had done a strenuous workout the day before. A compression garment such as spanx is worn continuously for the first week, and then only while sleeping the following week. Cardio workouts usually can be resumed after one week, and full workouts a week or two later depending on the area involved. Results are apparent soon after the procedure, significant within a week, and depending on the area being treated and the skin's innate elasticity, often spectacular within one to three months.



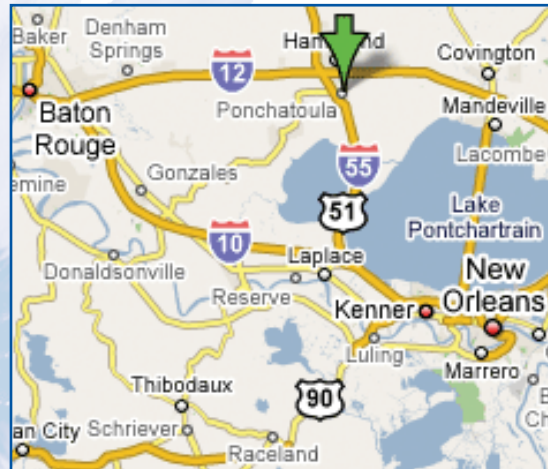
## Experience Matters

~ Robert Benson, M.D. ~

- ❖ Thirty years experience in dermatology and cosmetic surgery in the US and abroad
- ❖ Certified by the American Board of Dermatology
- ❖ Fellow of the American Academy of Dermatology
- ❖ Fellow of the American Academy of Cosmetic Surgery
- ❖ Fellow of the American Society for Dermatologic Surgery
- ❖ Member of the Louisiana State Medical Society and Louisiana Dermatologic Society
- ❖ Member of the Dermatology Foundation Leaders Society
- ❖ Past President, Tangipahoa Medical Society
- ❖ Past Member, New Zealand Medical Society
- ❖ Among the first US physicians to perform liposuction, Smartlipo Laser Liposculpture, Pearl Laser Resurfacing, fat transfer, and injectables
- ❖ Founder of QnA (a medical spa) located in downtown Ponchatoula
- ❖ Ponchatoula Citizen of the Year, 2006

## Directions to QnA

From I-55 take the Ponchatoula/Springfield Exit #26. Go East on Hwy 22 (Pine Street) toward downtown Ponchatoula. QnA is located at 148 W. Pine Street.



# QnA

(A medical spa)

*...where your skin is  
our ONLY specialty*

**(985) 370-1762**  
**148 W. Pine Street**  
**Ponchatoula, LA 70454**  
**www.qnspa.com**

# QnA

(A medical spa)

*...where your skin is  
our ONLY specialty*



## Smartlipo

Laser Liposculpture

**QnA (a medical spa) is a division of  
Benson Dermatology**